



**Centre de recherche  
sur le vieillissement**

 UNIVERSITÉ DE  
SHERBROOKE

 oedc  
Observatoire estrien du développement  
des communautés

# **Helping the development of community housing for elders: A research-action project**

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**MAJOR ISSUES CONCERNING HOUSING FOR THE  
ELDERLY IN THE PROVINCE OF QUEBEC**

# THE IMPORTANCE OF HOUSING

- Elders spend **a lot of time** at home
- **75 years old** : Starting point for domiciliary change (first occurrence of disabilities)
- Rehousing : a **major disruption**, especially when occurring at an old age
- **Security et affordability** in housing : major concerns for elders



# ISSUES LINKED WITH HOUSING FOR THE ELDERLY IN THE PROVINCE OF QUEBEC (1)

1. Senior/Nursing Homes attraction rate
  - 18,4% in Québec (vs 9,1% Can and 5,4% in Ont)
2. Few substitute to home ownership in some areas (mainly rural areas)



## ISSUES LINKED WITH HOUSING FOR THE ELDERLY IN THE PROVINCE OF QUEBEC (2)

3. Ministry of Health's certification of Seniors Homes has change the picture
  - ↓ small seniors homes (-33,9%)
  - ↑ huge seniors homes (+25,7%)
4. The cost of a place in a Seniors Homes
  - 1606\$/month (19 272\$/an) - standard
  - 2881\$/month (34 572\$/an) – assiduous care
  - Higher cost in bigger homes





# AFCC AND THE CHALLENGE OF HOUSING

Dimensions	Diagnostic	Plan d'action	Mise en œuvre
<b>Habitat</b>	81 %	70 %	38 %
<b>Transport</b>	86 %	73 %	45 %
<b>Respect et inclusion sociale</b>	54 %	50 %	35 %
<b>Participation sociale</b>	75 %	69 %	55 %
<b>Engagement social et citoyen</b>	68 %	57 %	43 %
<b>Espaces extérieurs et bâtiments</b>	73 %	75 %	66 %
<b>Soutien communautaire et services de santé</b>	82 %	73 %	49 %
<b>Communication et information</b>	83 %	85 %	76 %
<b>Sécurité</b>	83 %	75 %	51 %

Équipe de recherche MADA-Qc, Sondage auprès des Municipalités amies des aînés (2015-2016). Article en cours de rédaction

A decorative background featuring a network diagram with various colored nodes (circles) connected by thin lines. The nodes are in shades of teal, orange, pink, purple, and grey, scattered across the white background.

# **PART 1 – SOCIAL IMPACT MEASUREMENT**

## **Preliminary Results**

# FINDINGS (1)

- Housing cooperatives :
  - Higher degree of habituation to collective life
  - Higher feeling of liberty

True sense of being part of the decision making process





## FINDINGS (2)

- Small Seniors Home = Increased feeling of belonging
- Small Seniors Home = Increased feeling of meaningful engagement
- Small Seniors Home + Engagement = mutual aid + deceleration of autonomy decrease





## **PART 2 – DECISION AIDS**

**And other tools aiming to support the development of coops and  
not-for-profit housing organisations for elders**



# DECISION AIDS

## Practical guide

- Basic framework – new service or new housing organisation?
- Social framework – Who? Which activities?
- Physical framework – Where? What to built?
- Organisational framework – Which rules? What kind of governance?



# OTHER TOOLS

- Descriptive sheets
  - Illustrating 10 to 15 concrete examples
- Facilitator toolkit
  - For professionals accompanying groups (development officer, project manager, community organizers, etc.)



## Publications :

Centre de recherche sur le vieillissement et Carrefour action municipale et famille. (2017). *Cahier d'information et de sensibilisation: Habitation pour aînés*, 71 pages.

<http://carrefourmunicipal.qc.ca/municipalite-amie-des-aines/outils-mada/habitation/>

Lavoie, C., Paris, M., Garon, S. et Morin, P. (2016). Multiplier les modèles d'habitation innovants pour une meilleure santé des aînés et des communautés. *Intervention*, 143, 61-75.

<http://www.revueintervention.org/Numeros-en-ligne/143>

Bigonnesse, C., Beaulieu, M. et Garon, S. (2014). Meaning of home in later life as a concept to understand older adult's housing needs: results from 7 Age-Friendly Cities pilot project in Québec. *Journal of Housing for the Elderly*, 28(4), 357-382.

Bigonnesse, C., Garon, S., Beaulieu, M. et Veil, A. (2011). L'émergence de nouvelles formules d'habitation: mise en perspective des enjeux associés aux besoins des aînés. *Économie et Solidarités*, 41 (1-2), 88-103.

<http://madaquebec.com/fr/lequipe/publications-et-communications/category/31-articles>